



Vaccination Requested for In-Person Services

HEAL asks for proof of vaccination for all in-person services. Please email a copy or picture of your vaccination card to healpilatesstudio@gmail.com. Or you can bring your vaccination card to the studio and we will take a picture & make a note in our files. Thanks for helping us keep HEAL as safe as possible!

How has HEAL prepared for COVID safety?

- One class in the space at a time.
- All staff fully vaccinated.
- Installed exhaust fan pulling air out of studio & screen door.
- 800 square foot air purifier.
- Instructor asks permission for hands on cueing.
- CDC approved disinfectant wipes on machines.
- Hand sanitizer and disinfectant wipe stations.
- Clients wait outside for appointments.
- Coat rack for belongings & cubby for shoes.